SENIOR LIVING

(cont. from pg. 22)

Where do I go for help?

The answer is not the same for all senior citizens who reside in Leelanau County. We've provided some resources on this page. Residents of Elmwood Township are eligible to use services provided by the Traverse City Senior Citizen Center through a stipend paid by the township. Leelanau County Senior Services is supported by a property tax levied on all county properties; therefore, all county residents are eligible for its services.

Also see Yellow Pages listings for:

- Assisted Living
- Nursing Homes
- Rehabilitation Services
- Retirement and Life Care Opportunities
- Senior Citizens Service Organizations

Non-profit dedicated to seniors

(Continued from previous page)

services for a worthwhile cause. Joining before the need for services arises allows one to participate in ShareCare activities while contributing to the strength and development of the program, develop a personal relationship with ShareCare's RN, and learn more about aging issues that can improve the quality of life in later years. Volunteered services include free transportation to appointments, respite care, homemade or delivered meals, and non-medical durable equipment such as bath seats, commodes, walkers and wheelchairs. Congenial social and educational activities and outings are also provided.

HEALTH AND HUMAN SERVICES

Benzie-Leelanau Health District

Mission of Department is to prevent disease, prolong life and promote public health. Department is funded mostly through contributions from the General Funds of Benzie and Leelanau counties, and state grants. The department owns separate offices in each counties.

Jenifer Murray, Health Officer
Melinda Lautner, Chairman,
Benzie/Leelanau Board of Health

Leelanau Health Department
General calls: 256-0200
Fax: 256-0225
7401 E. Duck Lake Rd.; Ste 100
Lake Leelanau, MI 49653

Benzie Health Department
General calls: 882-4409
Fax: 882-2204
501 Frankfort Hwy., Ste 100
Benzonia, MI 49616

Both offices open weekdays 8 a.m. to noon; 1-4:30 p.m.

Family Coordinating Council
General Calls: **256-0222**
Toll Free: **1-800-982-9823**
7401 E. Duck Lake Road
Lake Leelanau, MI 49653
Fax: 256-0226

Grand Traverse Band Health Administration
General Calls: **534-7477**
Behavioral Health: **534-7090**
Clinic: **534-7200**

Grand Traverse/Leelanau Department of Human Services
General Calls: **941-3900**
Nights, weekends, holidays: **1-800-937-5903**
701 S. Elmwood, Suite 19
Traverse City, MI 49684

Mikki Pino of the GTB Health Department performs a free blood pressure check on tribal member Percy Bird during a health fair at the Strongheart Civic Center in Peshawbestown.

Also see Yellow Pages listings for:

- Chiropractors
- Clinics (2 categories)
- Dentists (6 categories)
- Health (8 categories)
- Holistic Practitioners
- Ophthalmologists
- Optometrists
- Physicians (10 categories)
- Yoga

Catholic Human Services
General Calls: **947-8110**
7401 E. Duck Lake Rd.
Lake Leelanau (within the Connie Binsfeld Building)
By appointment only

Northern Lakes Community Mental Health
General Calls: **922-4850**
105 Hall Street
Traverse City, MI 49684

Munson Medical Center
General Calls: **935-5000**
1105 Sixth Street
Traverse City, MI 49684

Veterans Affairs Health Care Clinic
General Calls: **932-9720**
Toll Free: **1-800-672-3114**
3271 Racquet Club Drive Traverse City, MI 49686
Fax: 995-9302

Women's Resource Center
General Calls: **941-1210**
720 South Elmwood St., Suite 2
Traverse City, MI 49684

© 2013 Leelanau Pages